

Quality since the '90s



Gilan Trading Ltd.



- » Dried fruits
- » Healthy nuts
- » Snacks
- » Bakery & Cuisine ingredients
- » Seasonal products



GILAN TRADING LTD.

Our company has been processing – roasting, packaging - and distributing goods since the '90s for domestic and export.



MISSION: HEALTHY PRODUCTS

The mission of the company is to popularize healthy eating habits. Our products are an essential part of a healthy diet because they are rich in vitamins, trace elements, unsaturated fatty acids and fibers.

STRENGTH

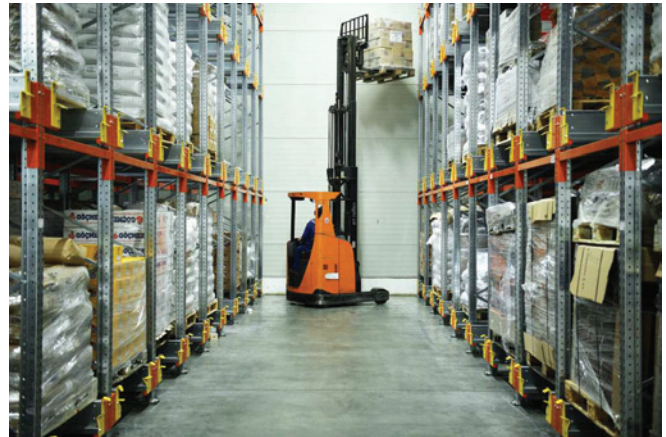
Our market experience, location, a wide range of selections, and variety in packaging have all those great benefits that make us the most convenient supplier because we have it all to fulfilling all requirements.

WELL-KNOWN AND RELIABLE BRAND FOR OVER 35 YEARS

The knowledge of the customer's requirements and fulfilling those, helped us to grow.

HIGH QUALITY RAW MATERIALS

As an expert, we purchase directly from the growers' hence the good quality and reasonable price is ensured. The products are processed by the most up-to-date technology being controlled by IFS, retail auditors and HACCP quality insurance system.





ABOUT US

Gilan Trading Ltd. is one of Europe's widest-range producers and distributors on the market of Dried Fruits, Nuts & Seeds, and Bakery & Cuisine ingredients.

We purchase directly from the growers' hence good quality and reasonable prices are ensured.



Our presence

By now our products are available in the neighboring countries and across Europe.

We list more than **300 packaged products.**

Over 100 Private label Products.

We process & package:

- » with automatic Bag Handling and Filling Lines
- » with total attention to the Customer's requirements
- » with a high grade of flexibility in terms of production
- » with a wide range of solutions for packaging

DRIED FRUITS

Dried fruits are a **popular type of snack** that has been enjoyed for centuries. They are made by removing most of the water content from fresh fruits through various drying methods, such as sun drying or using dehydrators.

One of the **key benefits** of dried fruits is that they are a rich source of nutrients. They are high in fiber, vitamins, and minerals, making them a great addition to a healthy diet. They are also a good source of antioxidants, which help to protect the body from damage caused by free radicals.



100 g, 180 g
200 g, 500 g

Pitted prunes



100 g, 180 g
200 g, 500 g

Dried, pitted
apricots



100 g, 180 g

Dried, sweetened
cranberries



70 g

Sliced, dried
mango



100 g

Dehydrated
ginger chunks



150 g

Banana chips



50 g

Apple crisps
dried



200 g

Sun dried figs



70 g

Pineapple pieces



200 g

Dried dates



190 g

Jumbo medjool dried dates



200 g

Dried, pitted dates



400 g

Dates paste



500 g

Dried dates



250 g

Branched dates

NATURAL NUTS

Nuts are a type of nutrient-dense food that are enjoyed around the world. They are a rich source of healthy fats, protein, fiber, vitamins, and minerals, making them an important part of a healthy and balanced diet. Some popular types of nuts include almonds, walnuts, cashews, hazelnuts, pistachios, and peanuts.

*Joyful
health*



100 g, 500g

Natural almonds



200 g, 500g

Natural, hulled sunflower seeds



100 g, 500g

Natural hazelnuts



50 g, 500g

Natural pine nuts

VITAMINS & MINERALS

One of the main benefits of eating nuts is their high content of healthy fats, such as monounsaturated and polyunsaturated fats. These types of fats have been linked to improved heart health, as they can help lower cholesterol levels and reduce the risk of heart disease. Additionally, nuts are a great source of protein, which is essential for building and repairing tissues in the body.



100 g, 500g

Natural cashews



100 g, 500g

Pumpkin seeds grown without shell



500g

Blanched almonds



50 g, 500g

Natural, hulled pistachios

ROASTED & FLAVOURED SNACKS

Roasted nuts are incredibly versatile and can be enjoyed in various ways. They make a fantastic standalone snack, perfect for munching on during gatherings or movie nights. They can also be added to salads, trail mixes, or used as a topping for desserts like ice cream or yogurt. With their rich flavors and satisfying crunch, roasted nuts are a treat that appeals to both sweet and savory cravings.

DRY ROASTED NUTS WITHOUT OIL

Roasted nuts are a delicious and crunchy snack that are enjoyed by many. The process of roasting nuts involves exposing them to dry heat, which enhances their flavors and creates a satisfying texture.

Nuts are not only delicious but also offer a wide range of health benefits. They are packed with essential nutrients, healthy fats, fiber, vitamins, and minerals that contribute to overall well-being.



70 g

Salted, dry roasted cashews



70 g

Unsalted, dry roasted cashews



60 g

Unsalted, dry roasted pistachios



70 g

Salted, dry roasted almonds



70 g

Unsalted, dry roasted almonds



60 g

Unsalted, dry roasted hazelnuts



100 g

Roasted, unsalted peanuts



80 g

Roasted, salted pumpkin seeds



100 g

Flavoured popcorn



40 g, 135 g

Roasted peanuts with onion and sourcream flavour



40 g, 135 g

Roasted peanuts with honey flavour



100 g

Hulled, salted, roasted sunflower seeds



60 g

Salted, roasted pistachios



40 g, 135 g

Roasted peanuts with wasabi flavour



50 g, 80 g
150 g, 400 g

Salted, roasted peanuts

BAKERY & CUISINE INGREDIENTS

We pride ourselves on providing high-quality bakery and cuisine ingredients that are essential for creating delicious and memorable culinary experiences. Our carefully selected range of ingredients is designed to meet the needs of professional chefs, bakers, and culinary enthusiasts alike, ensuring exceptional taste, texture, and versatility in every dish.

Our ingredients are meticulously sourced, ensuring they meet the highest standards of freshness, purity, and sustainability. We understand that the success of your creations relies on the finest ingredients, and we are dedicated to providing you with the tools you need to craft exceptional dishes that leave a lasting impression on your guests.



100 g

Ground pistachios



100 g, 200 g

Golden raisins



100 g, 250 g
1000 g

Raisins



100 g, 400 g

Sliced almonds



200 g

Walnut kernel



200 g

Ground, sweetened
walnut



100 g

Ground walnut



250 g

Poppy seeds



200 g

Ground poppy seeds



500 g

Lentils



100 g, 200 g

Chia seeds



250 g

Natur linseeds



100 g, 250 g,
500 g

Hulled, natural
sesame seeds



100 g

Desiccated
coconut



500 g

Dried beans



500 g

Pilled, halved
yellow peas

DRIED FRUITS & NUT MIXES

Dried fruits and nut mixes are popular and versatile snacks they are commonly enjoyed during outdoor activities like hiking, camping, or simply as a convenient on-the-go treat. The combination of various ingredients the trail mixes offers a balance of flavors, textures, and nutritional benefits.



Product photos are illustrations.



100 g Student mix



200 g, 500 g Student mix



200 g Exotic mix



100 g Seeds mix with italian flavour



100 g Seeds mix with wasabi flavour



100 g Protein mix

FRUIT BASKETS



We can create any variations per our partner's requirements. These beautifully arranged and health-conscious presents are a perfect choice for various occasions, from birthdays and anniversaries to corporate events and housewarmings. Fruit baskets are not only delicious but also visually appealing.



230 g

Mini round shaped basket



440 g

Fatime fruit basket



440 g

Leila fruit basket



360 g

Mini heart shaped basket



620 g

Big heart shaped basket

Joyful health

PRIVATE LABEL



Some examples from our production:



100 g Penny -
Salty student mix



100 g Lidl - Alesto
nut mix



200 g Tesco sunflower
seeds



200 g Auchan hulled
sunflower seeds



100 g Privat grated
coconut



650 g Metro - Aro salted,
roasted pistachios



200 g

CBA dried plums



100 g

Terka buttered popcorn



200 g

Aldi - Snack Fun almonds with honey



70 g

Mol Crunch & Go peanuts



70 g

Shell Café salted, roasted cashews



50 g

WizzAir salted, roasted peanuts



150 g

Coop peantus in shell, salted, roasted



100 g

NTL raisins



200 g

Spar - S-Budget ground walnuts





Get in touch!

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SCAN ME